Taree West Public School - Canteen Menu Term - 4, 2016

LUNCH 11:10 to 11:55am - RECESS: 1:25 to 1:55pm (no hot food for recess)

**Sandwiches:**
- Salad .............................................. 3.00
- Meat only, Ham or Chicken ........... 3.00
- Meat & Salad, Ham, Chicken or Salmon .... 3.50
- Egg & Lettuce .................................. 2.50
- Cheese ............................................. 2.00
- Vegemite ......................................... 1.50
(Salad consists of: lettuce, tomato, carrot & cucumber. Extras can be added at a cost of 20c per item)

**Rolls/Wraps:**
- Meat & salad, Ham, Chicken or Salmon .... 4.50
- Salad .................................................. 3.50
- Meat only, Ham or Chicken .............. 3.50
- Buttered roll ..................................... 1.50
- Hot Cheese roll ................................ 2.00
- Hot Ham, Cheese and Pineapple roll ..... 3.00
- Hot Cheese and Bacon Roll ............ 3.00

**Toasted Sandwiches:**
- Cheese ............................................. 2.20
- Ham & Cheese .................................... 2.70
- Ham, Cheese & Tomato ................... 3.20
- Chicken, Cheese & Mayonnaise .......... 3.50
- Focaccia .......................... HALF SIZE ...... 2.00
- Focaccia .......................... FULL SIZE ...... 4.00
- Focaccia Ham & Cheese OR Cheese & Tomato

**Salad options:**
- Salad tubs ........................................ 3.50
- Salad tub with Ham, Chicken or Salmon .... 4.00
- Fruits Salad tub Small ....... 2.00
- Fruit Salad tub Large .................. 3.00

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**Tuesday Meal Deal**
- *Pasta Bolognaise* & Water $5

**Thursday Meal Deal**
- *Sweet Chilli Chicken Tender Wrap* + water $5
- *Sweet Chilli Chicken Tender Salad* + water $5

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**Drinks:**
- Water 600ml ........................................ 1.00
- Sparkling Water 500ml ......................... 1.50
- Quench mineral flavoured water ............ 2.00
- Juice bottle 250ml ........................... 2.00
- Just Juice popper 200ml .................... 1.00
- Plain milk 300ml .............................. 1.00
- Flavoured Milk Choc OR Strawberry 300ml 2.00
- Slush Puppie ........................................ 2.00

**Treats:**
- Piece of seasonal fruit .................. 60c
- Frozen piece/slice of fruit ................ 60c
- Frozen Orchy cup (lunch only) .......... 60c
- Quelch frozen juice stick ............... 60c
- Lemonade icy pole ................. 1.00
- Paddle Pop ...................................... 1.50
- Frozen Yoghurt .......................... 2.00
- Grain Waves chips .................. 1.20
- Assorted Red Rock Deli chips ....... 1.20
- Popcorn ............................................. 50c

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**Online canteen ordering with www.Flexischools.com.au is now available**

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**Lunch Hot Food**

**MONDAY:**
- Freshly made Nachos
  (Corn chips, salsa & cheese) ............... 3.00

**TUESDAY:**
- Homemade slice of Ham & Pineapple Pizza .. 3.00

**WEDNESDAY:**
- Homemade Sausage Roll ................... 2.50
- Party pie ........................................ 1.20
- Meat Pie ......................................... 3.00

**THURSDAY:**
- Homemade slice of Ham & Pineapple Pizza .. 3.00

**FRIDAY:**
- Freshly made Fried rice .................. child size 4.00
  - OR .............................................. adults size 6.00
- Homemade Sausage Roll .................. 2.50
- Party pie ........................................ 1.20
- Meat Pie ......................................... 3.00

**EVERY DAY**
- Chicken Yummy Drummy ................ 1.20 each
- Fish pieces ................................... 1.00 each
- Chicken Noodle Cup .................. 2.50
- Freshly made Garlic Bread ............... 2.00
- Chicken Burger .......................... 3.50
- Pasta Bolognaise .......................... 5.00

**Tomato OR BBQ sauce ........... 30c**
TAREE WEST PUBLIC SCHOOL

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CANTEEN PRICE LIST
Term 4, 2016

Canteen supervisor
Cate - Canteen Phone
6552 3137

ALL ORDERS MUST BE AT
THE CANTEEN BY 9.10AM

LUNCH ORDERS

All lunch orders are placed in classroom canteen tubs, students collect the tubs and take them to the allocated classrooms.

Any icy poles & slushies ordered are collected from the canteen by the student themselves.

RECESS ORDERS

All recess orders need to be collected by students at the start of recess from the canteen.

Online canteen ordering with www.flexischools.com.au is now available

If you place an order through Flexischools for your child and he/she is absent from school on the day of the order, you can cancel the order yourself (as long as it is before the 9.15am cut-off deadline) by logging into Flexischools website and cancelling the order.

If you are unable to cancel the order yourself you must call the canteen before 9.30am and the canteen supervisor will cancel the order. Canteen phone number - 6552 3137.

No cancelled orders after 9.30am will be taken due to food already being prepared and/or cooked.

For any further information and enquires please call Flexischools on 1300 361 769 or their website www.flexischools.com.au

Canteen Helpers wanted

The school canteen is always looking for volunteers and we happily welcome parents, grandparents or carers – there is no greater joy for your child than to come to the canteen and see you.

If you would like to volunteer or have a spare few hours.

Monday to Friday

Please see Cate at the canteen for further information.